

# July 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>SCISA Dead Period – No Athletics, July 2<sup>nd</sup> – July 6<sup>th</sup></b>				
9 Weight Room 6:00  Week 10	10 Weight Room 6:00  <b>Practice 7:00-8:30</b>	11 Weight Room 6:00  <b>Practice 7:00-8:30</b>	12 Weight Room 6:00  <b>Passing League 7:00</b> (King's, Creek Bridge, Carolina)	13 Weight Room 6:00
16 Weight Room 6:00  Week 11	17 Weight Room 6:00  <b>Practice 7:00-8:30</b>	18 Weight Room 6:00	19 Weight Room 6:00  <b>Passing League 7:00</b> (King's, Creek Bridge, Carolina, Marion, Mullins)	20 Weight Room 6:00
23	24	25	26	27
<b>SCISA Dead Period – No Athletics, July 23<sup>rd</sup> – July 25<sup>th</sup></b>			26 <b>Practice #1</b> 6:30-8:45 PM <i>(Spend the night @ PDA – practice again Friday AM)</i>	27 <b>Practice #2</b> 7:00-9:00 AM (Helmets)  <b>Practice #3</b> 6:30-8:45 PM (Helmets)
30 <b>Practice #4</b> 6:30-8:45 PM (Shells)	31 <b>Practice #5</b> 6:30-8:45 PM (Shells)	August 1 <b>Practice #6</b> 6:30-8:45 PM (Full Pads)	August 2 <b>Practice #7</b> 6:30-8:45 PM (Full Pads)	August 3 <b>Home Scrimmage</b> vs MB Christian, Creek Bridge, King's 7:00

# August 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
<b>July 30</b> <b>Practice #4</b> 6:30-8:45 PM (Shells)	<b>July 31</b> <b>Practice #5</b> 6:30-8:45 PM (Shells)	<b>1</b> <b>Practice #6</b> 6:30-8:45 PM (Full Pads)	<b>2</b> <b>Practice #7</b> 6:30-8:45 PM (Full Pads)	<b>3</b> <b>Home Scrimmage</b> vs MB Christian, Creek Bridge, King's 7:00
<b>6</b> <b>Practice</b> 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	<b>7</b> <b>Scrimmage</b> <b>@ Thomas Sumter</b> <i>JV 8:00-10:00 AM</i>	<b>8</b> <b>Practice</b> 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	<b>9</b> <b>Practice</b> 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	<b>10</b> <b>Scrimmage</b> <b>@ Williamsburg</b> <i>No JV Practice</i>
<b>13</b> <b>Practice</b> 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	<b>14</b> <b>Practice</b> 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	<b>15</b> <b>Practice</b> 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	<b>16</b> <b>Scrimmage @</b> <b>Florence Christian</b> <b>7:30</b> <i>JV 6:00-7:30 PM</i>	<b>17</b> <b>Week 0</b> <b>Open Date</b> <i>JV 8:00-10:00 AM</i>
<b>20</b> <b>Practice</b> 6:15 Linemen Film/Backs Lift 7:00-9:00 PM (Shells) <i>JV 5:30-7:00 PM</i> <b>1st Day of School</b>	<b>21</b> <b>Practice</b> 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	<b>22</b> <b>Practice</b> 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	<b>23</b> <b>Practice</b> 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift	<b>24</b> <b>Week 1</b> <b>Robert E Lee</b> 7:30 - Away
<b>27</b> <b>Practice</b> 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	<b>28</b> <b>Practice</b> 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	<b>29</b> <b>Practice</b> 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	<b>30</b> <b>Practice</b> 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ Conway Christian - 6:00</i>	<b>31</b> <b>Week 2</b> <b>Dorchester</b> 7:30 - Away

# September 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Practice Time To Be Determined (Shells)</p> <p><i>Labor Day</i></p>	<p>4</p> <p><b>Practice</b></p> <p>3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>5</p> <p><b>Practice</b></p> <p>3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>6</p> <p><b>Practice</b></p> <p>2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs Carolina - 6:00</i></p>	<p>7</p> <p>Week 3</p> <p><b>Colleton Prep</b> 7:30 - Home</p>
<p>10</p> <p><b>Practice</b></p> <p>3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)</p>	<p>11</p> <p><b>Practice</b></p> <p>3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>12</p> <p><b>Practice</b></p> <p>3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>13</p> <p><b>Practice</b></p> <p>2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs RE Lee - 6:00</i></p>	<p>14</p> <p>Week 4</p> <p><b>Thomas Heyward</b> 7:30 - Home</p>
<p>17</p> <p><b>Practice</b></p> <p>3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)</p>	<p>18</p> <p><b>Practice</b></p> <p>3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>19</p> <p><b>Practice</b></p> <p>3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>20</p> <p><b>Practice</b></p> <p>2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ DCS - 6:00</i></p>	<p>21</p> <p>Week 5</p> <p><b>Dillon Christian*</b> 7:30 - Home</p>
<p>24</p> <p><b>Practice</b></p> <p>3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)</p>	<p>25</p> <p><b>Practice</b></p> <p>3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>26</p> <p><b>Practice</b></p> <p>3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>27</p> <p><b>Practice</b></p> <p>2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs King's - 6:00</i></p>	<p>28</p> <p>Week 6</p> <p><b>The King's*</b> 7:30 - Away</p>



## October 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 Practice</b> 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	<b>2 Practice</b> 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	<b>3 Practice</b> 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	<b>4 Practice</b> 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs T. Sumter – 6:00</i>	5 Week 7 <b>Thomas Sumter*</b> 7:30 - Away
<b>8 Practice</b> 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	<b>9 Practice</b> 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	<b>10 Practice</b> 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	<b>11 Practice</b> 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ Williamsburg – 6:00</i>	12 Week 8 <b>Williamsburg</b> 7:30 - Home
<b>15 Practice</b> 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	<b>16 Practice</b> 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	<b>17 Practice</b> 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	<b>18 Practice</b> 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ MB Christian–Time TBD</i>	19 Week 9 <b>MB Christian*</b> 7:30 - Home
<b>22 Practice</b> 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	<b>23 Practice</b> 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	<b>24 Practice</b> 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	<b>25 Practice</b> 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift	26 Week 10 <b>Carolina*</b> 7:30 - Away
<b>29 Practice</b> 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	<b>30 Practice</b> 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	<b>31 Practice</b> 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	<b>Nov. 1 Practice</b> 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift (Helmets)	Nov. 2 <b>State Playoffs</b> 1 <sup>st</sup> Round